



Lecture 2: Referencing with CWYW in EndNote X7

Prepared by

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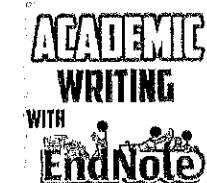
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1



Overview

- Referencing in thesis or manuscript writing
- To understand how to cite reference using EndNote
 - Citing references in text
 - Reference list
 - Reference components
- Edit citation in Microsoft Word



Reference – What?

- An acknowledgement that you have referred to information from published / unpublished sources in your own work
- Also a recognition that you have used other people's work, ideas or opinions to support your own work

3



Reference – Why?

- To support specific facts/claims/ideas/argument/point of view which you make in your text
- Avoid plagiarism – using other people's work and ideas as your own without acknowledgement
- Copyright
- Help others to trace your information sources

4

Reference – When?

- Individuals whose ideas, theories, or research have directly influenced your work
 - Provide key background information
 - Support or dispute your findings
 - Offer critical definitions
- Gain information through interviewing another person
- Use other people's ideas (printed or through conversations or email)
- Reprint diagrams, illustrations, charts, pictures, videos, music
- When quoting directly from other writer (writer's exact words) and paraphrasing

5

When You Not Need To Cite Reference

- Write from your own experiences, observations, insights, thoughts, conclusions about a subject
- Use "common knowledge"--shared information in your field of study
- Compile generally accepted facts
- Write up your own experimental results



6

How To Reference?



- There are various systems or style for referencing
- Harvard system is the most popular and recommended at the University
- Harvard-USM is recommended for USM's thesis but is not a compulsory
- You need to reference in two places:
 - Brief details, within the main body of your text
 - Full details, at the end of your text (reference list)

7

Guide To Referencing

- In the body text, clearly state the name of the author and the year their work was published (citation)
- The reader should then be able to cross-reference this to a more detailed list at the end (reference list)
- Both citation and reference list should be systematic and thorough, and easy to understand
- Use the same system (citation style) consistently throughout your thesis/manuscript

8

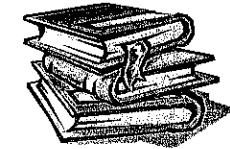
Citation Style



- There are various citation style available, but TWO generic terms in health sciences:
- Harvard style (Author/Date)
 - Also known as the 'author-date system'
 - In the text, citing as.....(John, 2011) and be a list of references at the end of the paper, arranged by authors' names and year of publication
 - The most commonly-used style of referencing worldwide

9

Citation Style



- Vancouver style (numbered)
 - A number is allocated to a source in the order in which it is cited in the text
 - If the source is referred to again, the same number is used
 - References are listed in numerical order in the Reference List at the end of the paper
 - Widely used in the health sciences

10

Example Citation & References

Diabetes self-management includes diet, exercise, medical treatments and regular blood sugar monitoring (ADA, 2009; Sprague et al., 2006). Research has demonstrated that good self-management can improve blood sugar fluctuation and lower the severity of complications in patients with diabetes (Ilanne-Parikka et al., 2008; Rao et al., 2004). However, as lifestyle changes are difficult to execute, patients with diabetes often suffer from worsening conditions because of failing to practise self-care behaviour (Glasgow et al., 2002). Funnell (2006) described the results

↑
Citation (in-text reference)

Reference list (at the end of the paper)

- American Diabetes Association. 2009. Diabetes management in correction institutions. *Diabetes Care* 32 (Suppl. 1): S73-S79.
- Alexander, K., Freedman, K.E., Cawie, K., Desai, P.J., 2002. The prevalence of comorbid depression in adults with diabetes. *Diabetes Care* 24, 1099-1098.
- Funnel, M.M., 2006. The diabetes attitudes, wishes, and needs (DAWN) Study. *Clinical Diabetes* 24, 154-155.
- Glasgow, R.E., Tooher, D.J., Hampton, S.C., Stycker, L.A., 2002. Implementation, generalization, and long-term results of the "choosing well" diabetes self-management intervention. *Patient Education and Counseling* 48 (2), 115-122.
- Greg, A., Thomimatsu, H.V., Hildesley, H., Michaels, A.C., 2006. Comparing self-rated health, satisfaction and quality of life scores between diabetics and others living in the Delta-Cook valley. *Social Indicators Research* 76, 265-281.
- Herm, H.W.J., Howard, M.D., 2003. Factor structure of the Beck Depression Inventory in a university sample. *Psychological Reports* 92, 53-61.
- Ilanne-Parikka, P., Eriksson, J.G., Lindström, J., Petronec, M., Aimo, S., Lindblad, M., et al., 2008. Effect of lifestyle intervention on the occurrence of metabolic syndrome and its components in the Finnish diabetes prevention study. *Diabetes Care* 31 (4), 805-807.
- Rao, S.S., Dierck, P., Meegart, T., 2004. Impaired glucose tolerance and impaired fasting glucose. *American Family Physician* 69 (8), 1961-1968.
- Snock, P., Skinner, L.L., 2006. Psychological aspects of diabetes management. *Medicine* 85 (2), 61-62.
- Skovlund, S.E., Parrot, M., On behalf of the DAWN International Advisory Panel, 2005. The diabetes attitudes, wishes, and needs (DAWN) program: a new approach to improving outcomes of diabetes care. *Diabetes Spectrum* 18, 136-142.
- Sprague, M.A., Shultz, J.A., Banerji, L.J., 2006. Understanding patient experiences with goal setting for diabetes self-management after diabetes education. *Family and Community Health* 29 (4), 245-255.

Referencing (Journal Articles)

1. Author(s): Valdmanis, V. and Smith, D.
2. Year of publication: 2001
3. Title of article: Productivity and economic burden associated with diabetes
4. Title of Journal: American Journal of Public Health
5. Volume number: 91
6. Issue number (if present): 1
7. Page number(s): 129-130

Valdmanis, V. & Smith, D. (2001). Productivity and economic burden associated with diabetes. *American Journal of Public Health*, 91(1), 129-130.

Referencing (Book)

1. Author(s): Tabachnick, B. and Fidell, L.
2. Title of book: Using multivariate statistics
3. Year of Publication: 2007
4. Edition (if not the first): 5th
5. Place of publication: New York
6. Publisher: Pearson

Tabachnick, B. & Fidell, L. (2007). Using multivariate statistics. 5th ed. New York: Pearson.

13

Referencing (Book Section)

1. Author(s): Glasgow, R. E. and Eakin, E. G.
2. Year of Publication: 1998
3. Title of book section: Issues in diabetes self-management
4. Editor(s): Shumaker, S. A. and Schron, E. B
5. Book title: The handbook of health behavior change
6. Edition (if not the first):
7. Place published: New York
8. Publisher: Springer
9. Pages: 431-450

Glasgow, R. E. & Eakin, E. G. (1998). Issues in diabetes self-management. In: Shumaker, S. A. and Schron, E. B. (eds.), *The handbook of health behavior change*. New York: Springer, pp 431-450

14

Referencing (Web Page)

1. Author/editor/organisation: Australia Institute of Health and Welfare
2. Year written (or last updated): 2011
3. Title: Diabetes Impacts
4. URL: <http://www.aihw.gov.au/diabetes/impacts/>
5. Date accessed or retrieved: 20 January 2013

Australia Institute of Health and Welfare. (2011). Diabetes Impacts. [Online] Available from:<http://www.aihw.gov.au/diabetes/impacts/> [Accessed 20 January 2013].

15

Referencing (Thesis)

Author: Moore, M.
 Year: 2008
 Title: A qualitative study of the achievement goals of recreational exercise participants
 Academic department: School of Sport and Exercise Sciences
 Place published: Melbourne, Australia
 University: Victoria University
 Degree: PhD

Moore, M. (2008). A qualitative study of the achievement goals of recreational exercise participants, Victoria University, Melbourne, Australia.

16

Cite While You Write (CWYW) Using Word Processor

17

CWYW With EndNote

- CWYW using EndNote is a easy and quick way to cite references and it creates a word document with properly formatted citations
- EndNote comes with more than 4000 predefined citation styles for the leading journals. Each style can be modified and new styles can be created
- Authors get more done in less time on unformatting or rebuilding citation and references (bibliographies)

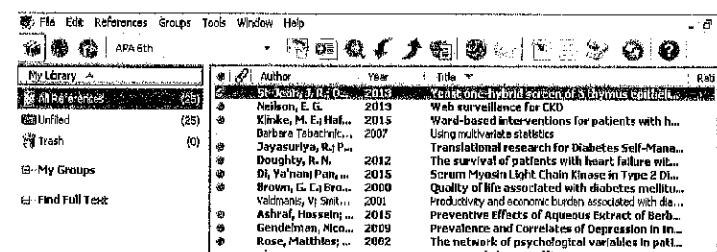
18

CWYW With Microsoft Word

- Easy and quick method of references citation in word documents
- Simple steps inserting in-text citations with Word
 - Open the Word document in which you wish to insert references
 - Place the cursor where the citation is to be inserted
 - Go to the EndNote library and highlight the appropriate reference
- Do not edit the citations in word document, but edit the references in the EndNote Library ONLY

19

CWYW



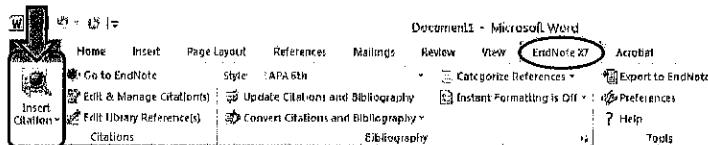
Open the EndNote library that contain relevant
references you wish to cite

Layout

20

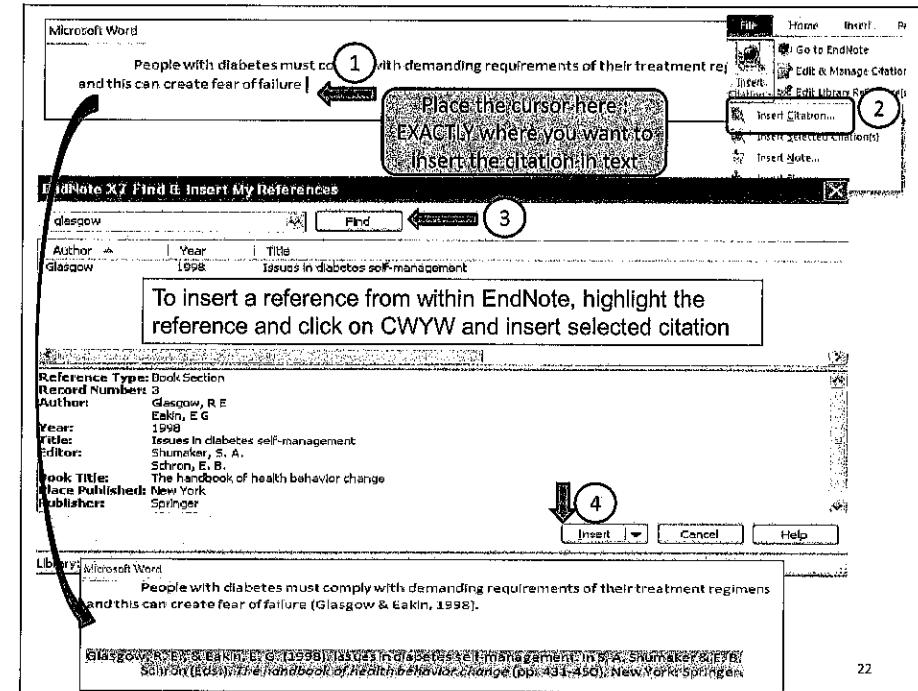


CWYW Toolbars in Microsoft Word

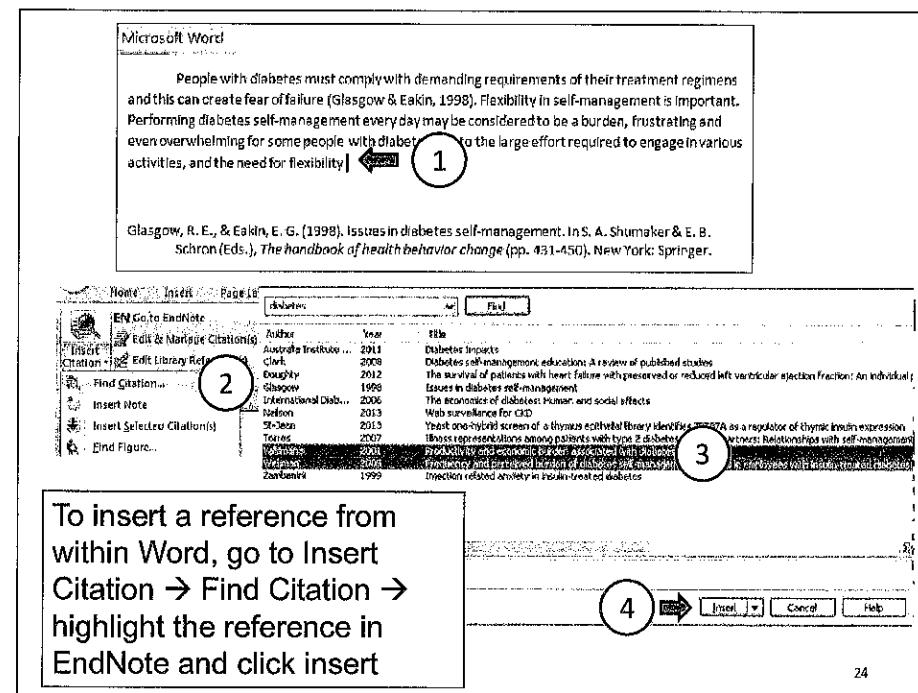


This command provides a search window where you can enter text (or key word; e.g., diabetes). Then select the reference you want from a list of references that contain in your search (e.g., all articles contain "diabetes" word), and insert them into your word document

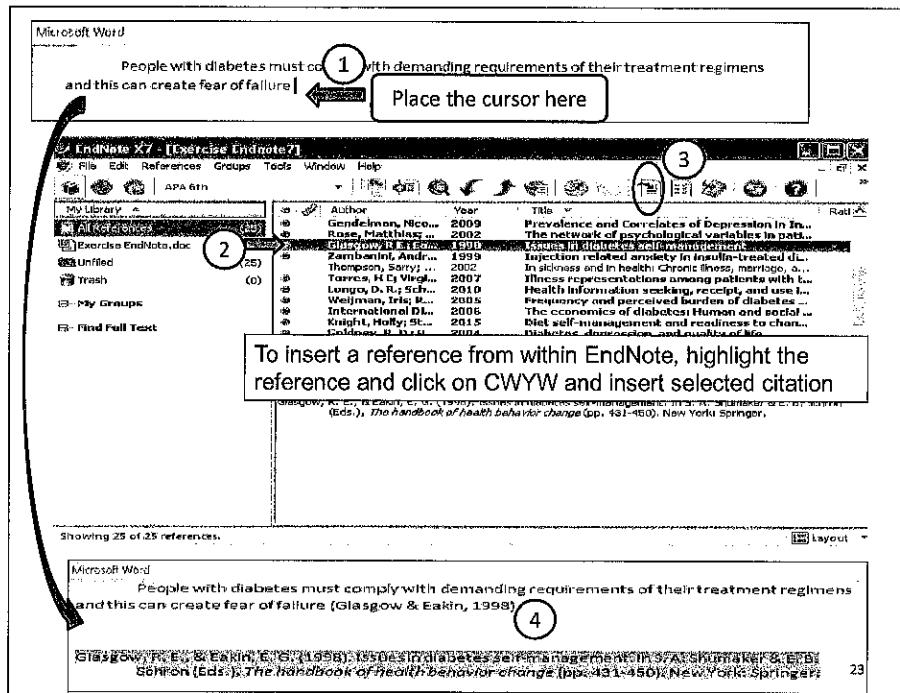
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22



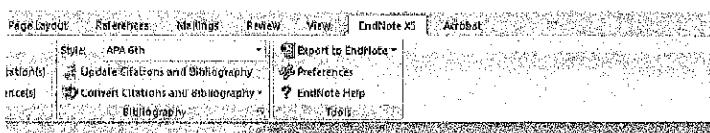
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24

EndNote

...Bibliographies Made Easy™



People with diabetes must comply with demanding requirements of their treatment regimens and this can create fear of failure (Glasgow & Eakin, 1998). Flexibility in self-management is important. Performing diabetes self-management every day may be considered to be a burden, frustrating and even overwhelming for some people with diabetes due to the large effort required to engage in various activities, and the need for flexibility (Valdmann & Smith, 2001; Weijman et al., 2005).

References:

- Glasgow, R. E., & Eakin, E. G. (1998). Issues in diabetes self-management. In S. A. Shumaker & E. B. Schron (Eds.), *The handbook of health behavior change* (pp. 431-450). New York: Springer.
- Valdmann, V., & Smith, D. (2001). Productivity and economic burden associated with diabetes. *American Journal of Public Health*, 91(1), 129-130. doi: 10.1046/j.1464-5491.2000.00881.x
- Weijman, I., Ros, W. J. G., Rutten, G. E. H. M., Schaafeli, W. B., Schabracq, M. J., & Winnubst, J. A. M. (2005). Frequency and perceived burden of diabetes self-management activities in employees with insulin-treated diabetes: relationships with health outcomes. *Diabetes Research and Clinical Practice*, 68(1), 56-64. doi: <http://dx.doi.org/10.1016/j.diobes.2004.08.004>

25

EndNote

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Customize Citations

People with diabetes must comply with demanding requirements of their treatment regimens and this can create fear of failure (Glasgow & Eakin, 1998). Flexibility in self-management is important. Performing diabetes self-management every day may be considered to be a burden, frustrating and even overwhelming for some people with diabetes due to the large effort required to engage in various activities, and the need for flexibility (Valdmann & Smith, 2001; Weijman et al., 2005).

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- Longo, D. R., Schubert, S. L., Wright, B. A., LeMaster, J., Williams, C. D., & Clore, J. N. (2010). Health information seeking, receipt, and use in diabetes self-management. *Annals of Family Medicine*, 8(4), 334-340.
- Valdmann, V., & Smith, D. (2001). Productivity and economic burden associated with diabetes. *American Journal of Public Health*, 91(1), 129-130. doi: 10.1046/j.1464-5491.2000.00881.x
- Weijman, I., Ros, W. J. G., Rutten, G. E. H. M., Schaafeli, W. B., Schabracq, M. J., & Winnubst, J. A. M. (2005). Frequency and perceived burden of diabetes self-management activities in employees with insulin-treated diabetes: relationships with health outcomes. *Diabetes Research and Clinical Practice*, 68(1), 56-64. doi: <http://dx.doi.org/10.1016/j.diobes.2004.08.004>

EndNote

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Customize Citations 1

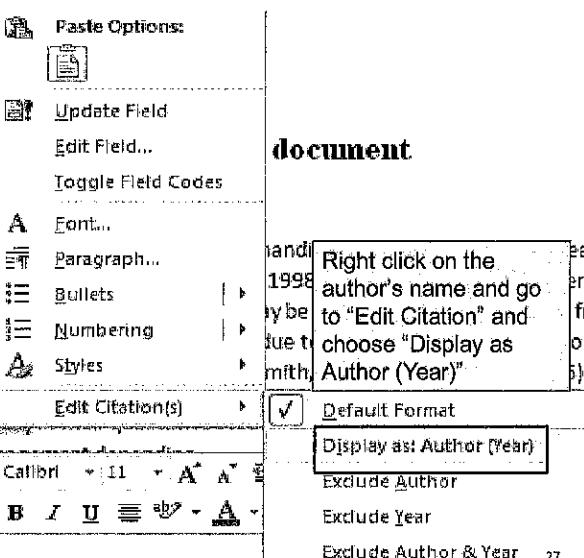
Exercise: Insert

People with diabetes must comply with demanding requirements of their treatment regimens and this can create fear of failure (Glasgow & Eakin, 1998). Flexibility in self-management is important. Performing diabetes self-management every day may be considered to be a burden, frustrating and even overwhelming for some people with diabetes due to the large effort required to engage in various activities, and the need for flexibility (Valdmann & Smith, 2001; Weijman et al., 2005).

(Longo et al., 2010)

about diabetes self-management

A number of studies have shown the association between diabetes and



Right click on the author's name and go to "Edit Citation" and choose "Display as Author (Year)"

Display as: Author (Year)

Exclude Author

Exclude Year

Exclude Author & Year

27

EndNote

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Customize Citations 2

People with diabetes must comply with demanding requirements of their treatment regimens and this can create fear of failure (Glasgow & Eakin, 1998). Flexibility in self-management is important. Performing diabetes self-management every day may be considered to be a burden, frustrating and even overwhelming for some people with diabetes due to the large effort required to engage in various activities, and the need for flexibility (Valdmann & Smith, 2001; Weijman et al., 2005).

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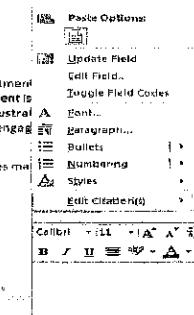
Exercise: Insert citations in Word document

People with diabetes must comply with demanding requirements of their treatment regimens and this can create fear of failure (Glasgow & Eakin, 1998). Flexibility in self-management is important. Performing diabetes self-management every day may be considered to be a burden, frustrating and even overwhelming for some people with diabetes due to the large effort required to engage in various activities, and the need for flexibility (Valdmann & Smith, 2001; Weijman et al., 2005).

(Longo et al., 2010) In their qualitative study reported that people with diabetes make decisions about diabetes self-management depending.....

A number of studies have shown the association between diabetes and

Right click on the author's name and go to "Edit Citation" and choose "More"



28



Customize Citations 2

The screenshot shows the EndNote X7 interface. At the top, there's a toolbar with various icons like 'File', 'Edit', 'Insert', etc. Below the toolbar is a menu bar with 'EndNote X7', 'Edit & Manage Citations', 'References', 'Mailings', 'Review', 'View', and 'EndNote X7'. A 'Style' dropdown is set to 'APA 6th'. On the left, there's a sidebar with 'Citation' and 'Count' buttons, and a 'Library' section showing items like 'Glasgow, 1990 #3' and 'Exercise Endnote7'. The main area displays a list of citations with 'Edit Reference' buttons. A 'Format' dialog box is open in the foreground, showing options for 'Default' style, 'Prefix' (e.g., 'In:'), 'Suffix', and 'Pages'. A note in the dialog box states: 'People with diabetes must comply with demanding requirements of their treatment regimens and this can create fear of failure (Glasgow & Eakin, 1998). Flexibility in self-management is important. Performing diabetes self-management everyday may be considered to be a burden, frustrating and even overwhelming for some people with diabetes due to the large effort required to engage in various activities, and the need for flexibility (Valdmann & Smith, 2001; Weijman et al., 2005).'. Another note below it says: 'Longo et al. (2010) in their qualitative study reported that people with diabetes make decisions about diabetes self-management depending.....'. At the bottom of the dialog box, it says: 'A number of studies have shown the association between diabetes and QoL (e.g., Brown et al., 2000; Goldney & Phillips, 2004).'



Citation Style

The screenshot shows the EndNote X7 interface with the 'Style' dropdown menu open. The menu includes options like 'APA 6th', 'MLA', 'Chicago', 'Harvard', 'Vancouver', 'Turabian', 'Numbered', 'Author-Date', and 'Annotated'. A callout box highlights 'Author-Date' with the text 'Choose appropriate citation style you want'. The main area of the interface shows a note: 'People with diabetes must comply with demanding requirements of their treatment regimens and this can create fear of failure (Glasgow & Eakin, 1998). Flexibility in self-management is important. Performing diabetes self-management everyday may be considered to be a burden, frustrating and even overwhelming for some people with diabetes due to the large effort required to engage in various activities, and the need for flexibility (Valdmann & Smith, 2001; Weijman et al., 2005).'. Below it, another note says: 'Longo et al. (2010) in their qualitative study reported that people with diabetes make decisions about diabetes self-management depending.....'. A third note at the bottom states: 'A number of studies have shown the association between diabetes and QoL (e.g., Brown et al., 2000; Goldney & Phillips, 2004).'. At the bottom right, it says '30'.



Convert to Plain Text

- Once you have citing all the references required, you may convert the word document to plain text (without formatted EndNote field codes)

The screenshot shows the EndNote X7 interface. The 'File' menu is open, showing options like 'Go to EndNote', 'Edit & Manage Citation(s)', 'Insert Citation', and 'Convert Citations and Bibliography'. Under 'Convert Citations and Bibliography', the 'Convert to Plain Text' option is circled with a red circle labeled '1'. A note in the main area says: 'This command will create a new copy of your Word document and remove all special EndNote markers from it. The new document will appear in a new unsaved document window. The original file will remain opened and untouched.' A confirmation dialog box at the bottom says: 'Do you wish to continue?' with 'OK' and 'Cancel' buttons, circled with a red circle labeled '2'.

- A copy of the document will be created without field codes, save this new document with a different name.
- Original document can still be edited using EndNote, but this new document, without the field codes, cannot be reformatted using EndNote.



Export Traveling Library

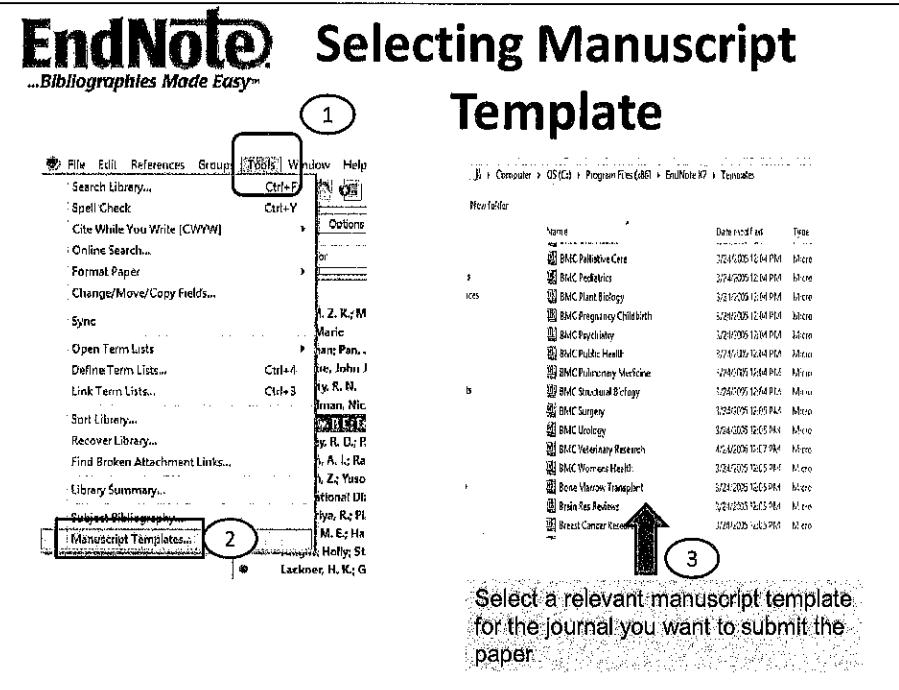
- If a Word document was created using EndNote, you can retrieve the references in the document without giving its EndNote library by using "Export Traveling Library"
- With condition that the field codes in the Word document have not been removed
- However, it does not include Notes, Abstract, or Figures
- Open the document with the EndNote citations
- Then select "Export to EndNote" → "Export Traveling Library"
- Save them in an existing EndNote library or a new library

The screenshot shows the EndNote X7 interface. The 'File' menu is open, showing 'References', 'Formatting', 'Export to EndNote', and 'Acrobat'. Under 'Export to EndNote', the 'Export Traveling Library' option is circled with a red circle. Other options include 'Export Word Citations' and 'Export Word Master List'.

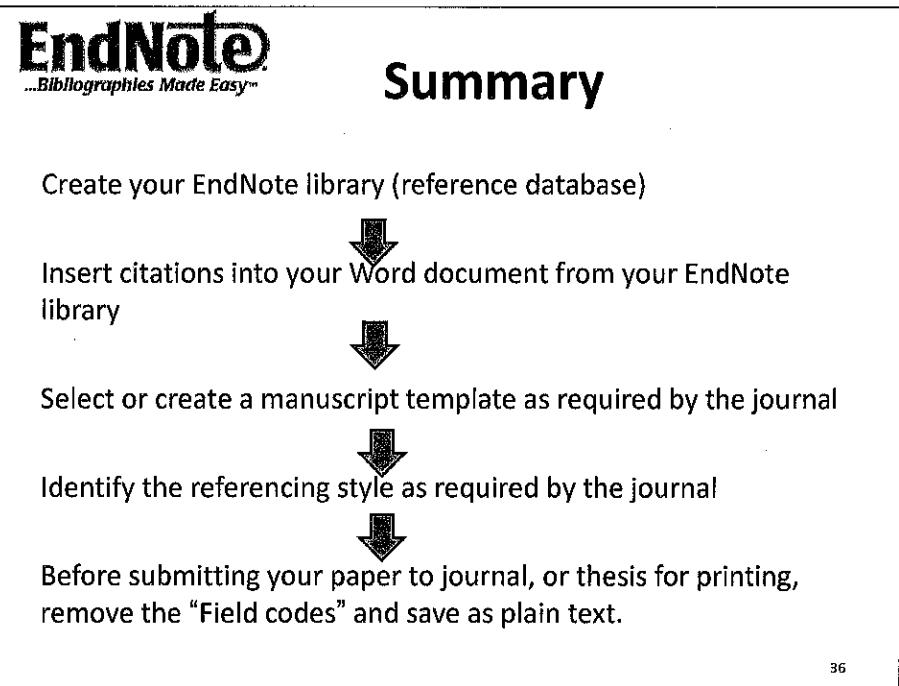
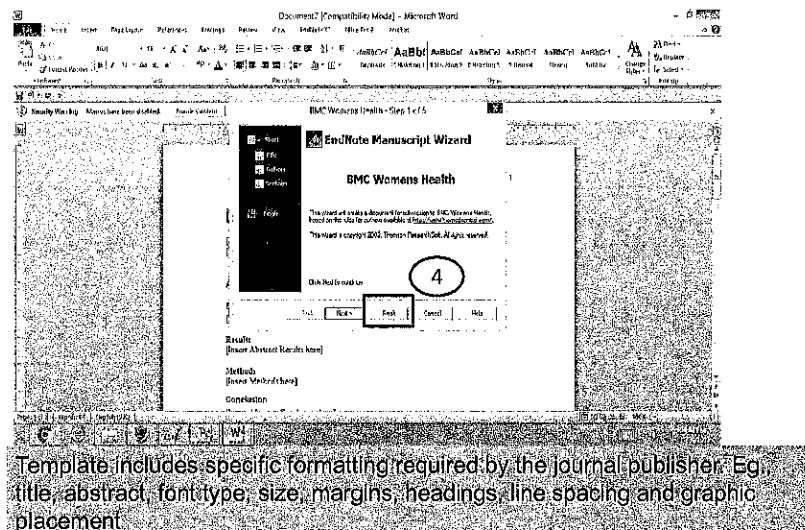
Journals' Manuscript Template

- Select manuscript template in the EndNote program to set up your paper
- There are > 200 template files for various journals
- Select through EndNote program under “Tools” menu → “Manuscript Templates”
- Or go to C drive: Program Files → EndNote → Templates

33



EndNote ...Bibliographies Made Easy™ Selecting Manuscript Template



36

Reminder: Saving and Deleting EndNote file

- EndNote library filenames are automatically given the extension files and folder (for EndNote Library).
- Each library has an **.Data** folder associated with it.
- Figures, groups, and other files are stored in the **.Data** folder, which is associated with each library and stored in the same folder as the main library file.
- It is important to always move, copy, rename, and delete both the main EndNote file and the corresponding **.Data** folder for each EndNote library.

37

For More Information

EndNote New Installation:

<http://www.kck.usm.my/pustaka/>

The official EndNote web site:

<http://www.endnote.com>

EndNote Technical Support:

<http://www.endnote.com/support/ensupport.asp>

EndNote Users' Mailing List:

<http://www.endnote.com/support/en-interest.asp>

38

THANK YOU



Practice Makes Perfect!

39